

Tomorrow's Outstanding Professionals Skills Challenge

AHA HEARTSAVER CPR & AED COMPETITION

Nursing Building – AH118/119

9:45 a.m.

The Heartsaver CPR and AED is a competitive event intended to stimulate and motivate students to participate in teams and to their knowledge on American Heart Association Cardiopulmonary Resuscitation and Automated External Defibrillation.

Description:

Teams consisting of 2 members each will compete by 3 full cycles of CPR with the use of an AED as per the AHA CPR/AED Guidelines. The students have no more than 6 minutes to complete this process. The students will be scored specifically on effective chest compressions, adequate breathing techniques, proper use of the AED, communication with the other team member, and professional presentation/behavior/attire. Scoring will be judged by professionals at the AHA instructor level and with a career background in a critical care/emergency setting. The team that receives the highest score will receive the first place ranking.

RULES

1. Students may wear scrubs or collared shirt with khakis or dark pants. No Jeans.
2. Team members must remain in the holding room until called by the judges.
3. When team members enter the testing room, they will be given 1 minute to review equipment.
4. Judges will hand out CPR barrier devices to team members prior to their official start time.
5. Students will then line up at the "X" on the floor, the judges will signal when the competition will begin.
6. After 5 minutes, the students will receive a signal to end the simulation.

Scores will be deliberated and the winners will be announced at the awards ceremony following the competition.

Score sheets can be provided at a later date by written request to lsikes@smail.anc.edu.