

Arkansas Northeastern College

# NewsLink

## Community Education

If you would like to teach a non-credit class for the community, contact: [ngarren@smail.anc.edu](mailto:ngarren@smail.anc.edu)  
870-762-3168

New Schedule Online Now!

## Submissions

Have items of interest you would like featured in the NewsLink online newsletter?

Please send your departmental news, upcoming events, etc., to James Hartley at [jehartley@smail.anc.edu](mailto:jehartley@smail.anc.edu).

The deadline is 5 pm on the last Thursday of the month.

## ANC Mission

Arkansas Northeastern College is committed to providing accessible, quality educational programs, services, and lifelong learning opportunities.

## March 4th in to Wellness Health Fair

Arkansas Northeastern College's March 4th in to Wellness Health Fair for all ANC students, faculty, and staff was held in the Briggs/Sebaugh Wellness Center. The event had information on nutrition, fitness demonstrations, free throw contest, ANC library information, and a drawing for prizes.



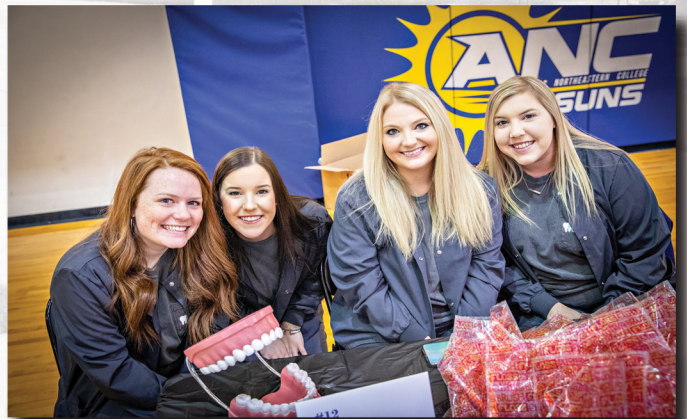
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NewsLink  
A monthly publication





# March 4th in to Wellness Continued...







## ANC Hosts Educators Rising Event

In February, seniors from Manila and Cooter came to the ANC campus to participate in the Educators Rising event. Students were given a tour of the campus, and spent the day engaged with instructors. They spent time in labs with Mr. Morris as he demonstrated how to remain germ and virus free.

Mr. Perkins, the Education Coordinator, discussed the role of the teacher as well as the benefits and challenges of the teaching profession. Students also participated in group activities, reflecting on powerful, educational quotes that relate to teachers and students. The seniors were given the opportunity to share ideas about teaching, learning, and the impact that teachers have made on them. It was an amazing learning experience, full of conversation and excitement. The students ended the day with door prizes, eating pizza, and hanging out in the sunroom. Mr. Perkins would like to thank the seniors for attending and their teachers for encouraging them. ANC looks forward to hosting the event again next year.







## ANC Spring Lecture Series

The ANC Community Education Spring Lecture Series continued with its March edition as Dr. Gary Yarbrough presented on "Positive Psychology & a Science Based Approach to Happiness." Dr. Yarbrough explained how psychology isn't just about studying rats in a maze or treating psychological disorders. For decades, scientists in the field have also focused on how to make good lives better. Most of us think we know what makes us happy, but the research indicates that we often focus our efforts on the wrong things in our pursuit of happiness. Dr. Yarbrough focused on research findings in the field of psychology that any person can use to pursue lasting and robust happiness.





## National TRIO Day

ANC students from Student Support Services joined students from the Educational Opportunity Center to attend the National TRIO Day sponsored by Southeast Missouri University at Cape Girardeau. National Trio Day is celebrated to focus on the Federal TRIO Programs that provide support to first-generation, and income-eligible students, and students with disabilities. TRIO serves and represents over 800,000 students at more than 1,200 colleges and universities.

The keynote speaker Dr. Arnold Mitchem is internationally recognized as one of the most important advocates of the TRIO Programs and the founder of the idea of “first-generation students,” adopted by Higher Education Act of 1980. Dr. Mitchem served as the first President of the Council of Opportunity in Education. He has played a vital role in creating the regulations and legislation that govern the national TRIO Programs. He now serves as President Emeritus and continues to advance the interests of students and members of Federal TRIO Programs.



Pictured L-R- First Row: Trina Anderson, Leslie Lewis, LeDesiree Holloway, Teverly Thurman, Miracle Selvidge, Breyden White  
2nd Row: Mary Stone, Jacquanay Buford.



Pictured L-R: Leslie Lewis, Retention Coordinator, SSS, Breydon White, Trina Anderson, Academic Services Coordinator, Dr. Arnold Mitchem, President Emeritus, COE, Jacquanay Buford, Mary Stone



## Associate Degree Student Nurse Club

The Associate Degree Student Nurse Club helped Girl Scout Troop 3210 collect dental care items. The items collected included toothpaste, floss, toothbrushes, and mouthwash. These items will be donated to Riverside schools to distribute. Both first and second year ADN students contributed to this project.





# Social

## Notes of Thanks

Dear Board of Trustees, Faculty and Staff,

Our whole family thanks you for the special funeral flowers that you sent. We are so appreciative of your thoughtfulness and thank you so much for caring about Wayne Workman and our family.

We know that he would be honored with your condolences during this difficult time and we thank you for remembering him in such a special way.

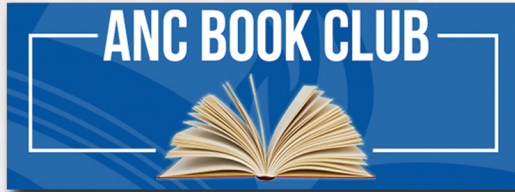
Sincerely,

The W. Wayne Workman Family



# Social

## Local Engagements



Join ANC Librarian Karen Ellis for intellectual stimulation and lively discussion in the ANC library. Make new friends, share your knowledge, and if you don't have a card— sign up for a library card to take advantage of the excellent reading material available at the ANC Library.

For more information, contact Karen Ellis at [kellis@smail.anc.edu](mailto:kellis@smail.anc.edu)



The Community Education department at Arkansas Northeastern College is a non-credit, lifelong learning program that meets the changing needs of the community. Educational opportunities are continually developed and offered for citizens of all ages for a reasonable cost. The current schedule is available here:

[SCHEDULE LINK](#)

For more information, contact Mary Ann Garren at [mgarren@smail.anc.edu](mailto:mgarren@smail.anc.edu)



Join the ANC Community Choir and experience an enrichment of your life through music!

For more information, contact Gianluca Strazzullo at [gstrazzullo@smail.anc.edu](mailto:gstrazzullo@smail.anc.edu)



# April

Calendar of Events

April 10: Good Friday (COLLEGE CLOSED)

April 20: Registration Begins - Summer & Fall 2020



Download the Official ANC app and the Official ANC Tech app today!



Available on the  
**App Store**



Get it on  
**Google play**