

Arkansas Northeastern College

# NewsLink

## Community Education

If you would like to teach a non-credit class for the community contact:  
mgarren@smail.anc.edu  
870-762-3168

New Schedule Online Now!

## Submissions

Have items of interest you'd like featured in the NewsLink online newsletter? Please send your departmental news, upcoming events, etc., to James Hartley at jehartley@smail.anc.edu  
Deadline is 5pm on the last Thursday of the month.

## ANC Mission

Arkansas Northeastern College is committed to providing accessible, quality educational programs, services, and lifelong learning opportunities.

## ANC Ranks #1 in Online Education

Dr. James Shemwell, President of Arkansas Northeastern College (ANC), informed the ANC Board of Trustees recently, that the college had received an honor from AffordableCollegesOnline.com (ACO.) The website recognized ANC as the top college in Arkansas for online degree offerings by two-year colleges. Dr. Shemwell added that ANC had also been named one of the best online colleges in the nation for online delivery.

The website is well-recognized for its higher education information delivery, and how it ranks colleges.

Comparisons of cost and quality are among the measurements used to rank institutions.

ANC achieved rank in two categories: Number one for "Best Online College in Arkansas for 2016-2017 among two-year colleges" and ranked number 19 nationally for "Best Online Education & Teaching Degrees for 2016-2017 among two-year colleges in the United States."

ANC's Associate of Science in Early Childhood Education carries the distinction of being the program ranked nationally.



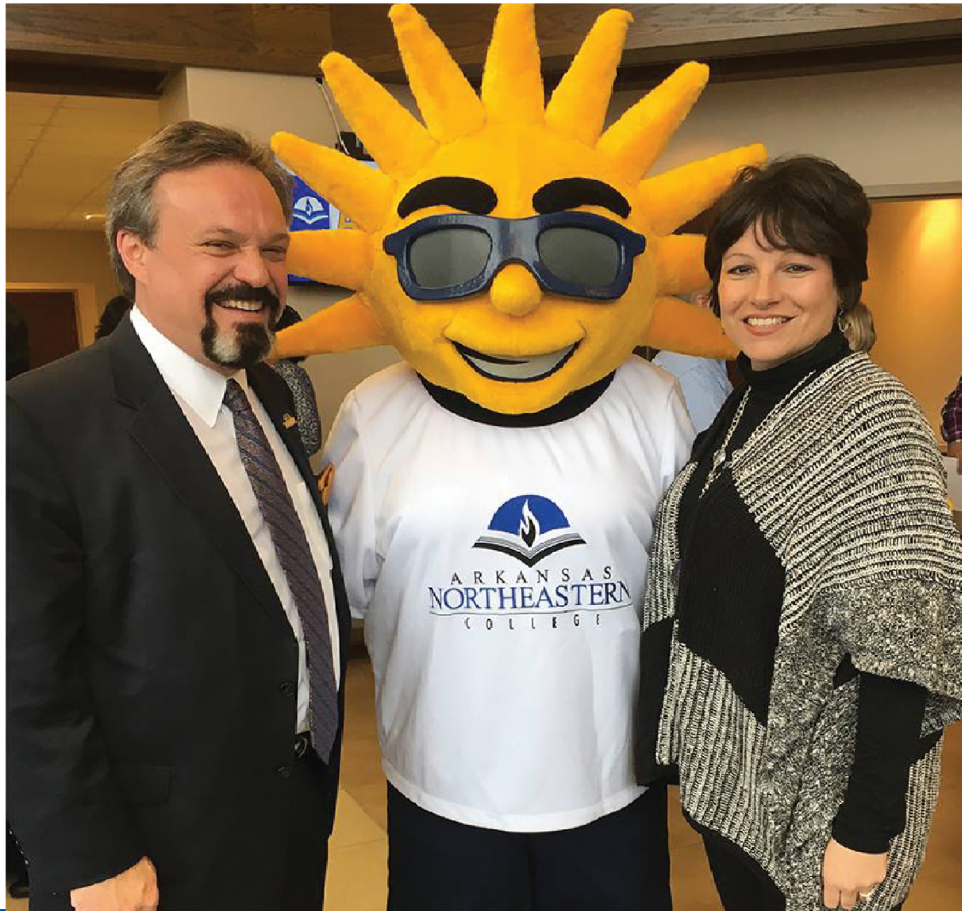
Follow Us on Social Media



## ANC Welcomes “Ray”

ANC has welcomed a new family member! Sunray "Ray" will be bringing beams of joy to Arkansas Northeastern College and the surrounding community as the College embarks on another successful year. We look forward to seeing Ray at different functions this coming year!

Join us in welcoming him to the family. If you see Ray around campus, stop and take a picture to post on social media!  
**#ANCPride**



### The Solutions Group

## Southworth Completes Supervisory Training

It all started with a small idea that turned into great things! Shelly Barley, previous Human Resource Manager at Southworth, wanted to train some of the floor employees to become leaders. Stacey and Shelly met several times to iron out a curriculum and work on writing the grants.

Southworth wanted their employees to make sure they understood "What I say is important, but how I say it will affect: Quality, Productivity, and what it feels like to work here."

The best thing about The Solutions Group is that they can customize training. What's even better is we have the resources to

apply college credit to training, if it meets general requirements. With many ideas and some time to iron out the details with potential instructors, Southworth and The Solutions Group came up with this format:

#### Spectrum Temperament Awareness Training

- Personality Assessment
- Building relationships
- What do different personalities add to the workplace?
- Why do people do what they do?

#### Defining the Supervisor's Job

- What is the role of the supervisor?
- What is management?
- The four management functions.

Leadership Styles  
Organizing an Effective Department  
Stimulating Individual and Group Performance  
Handling Conflict  
Dealing with change  
Communication

#### Paraverbal Communication Skills:

- The Power of Pitch
- The Truth about Tone
- The Strength of Speed
- Active listening skills

...continued on pg 2

# Southworth continued...

Asking Good Questions  
Mastering the Art of Conversation  
Non-Verbal Communication  
Overcoming shyness  
Teambuilding  
Decision Making  
Time Management

The format was a bit different than a normal training session, we had two instructors that conducted training twice a week. One was an adjunct instructor that specializes in Leadership Skills, Dr. Jamie Frakes, and the other is our full-time Metallurgical Engineer, Rob Semmel, who also has a strong background in soft skills.

The class was a reflective class, both instructors attended this session and allowed the participants to "run the class." They were tasked with developing a case study that related to their scope of work. The report consisted of pictures and evaluating a potential problem in the workplace and using their training to come up with solutions.

Comments from the participants about this training included:

"I liked the spectrum personality assessment."

"I liked the topics the best."



"Opened my eyes to new ways to use all members of the team and recognize different personalities."  
"Needs to be a longer course."

The total training hours were 44, which is enough to earn the 12 participants college credit. At the end of the course all 12 participants received 3 hours college credit in Principles of Supervision. By utilizing EWTP and Great River Economic Foundation grants approximately 75% of the total cost of training was paid for leaving Southworth to only pay approximately 25% of the training.



# 100 Day Healthy Weight Challenge

Reshape yourself with tips on proven weight loss strategies. A minimum of 10 participants are needed for a class, so please pre-register with Dr. Pamela Pruettt at [ppruett@uaex.edu](mailto:ppruett@uaex.edu) or Mary Ann at [mgarren@smail.anc.edu](mailto:mgarren@smail.anc.edu).

**FREE!**

**Monday: January 9th - May 1st**

## Join the ANC Wellness Center

The Arkansas Northeastern College (ANC) Briggs/Sebaugh Wellness Center is available to the community by purchase of a Community Facilities Card.

The Wellness Center Community Facilities Card may be obtained through the ANC Community Education department located at the ANC Main Campus in the Adams/Vines building. Price of the card is \$100 every six months or \$200 annually. If two members of the immediate family (spouse or legal dependent 17 years or older) purchase a card, the second card will be half price or \$50 for six months or \$100 annually.

The discount is limited to one person per family. Cards are purchased for a rolling six month or one year period effective from the date of purchase. Each card will designate the effective and expiration date.



Community card holders must present their Facilities card to the Wellness Center Front Desk and sign-in prior to beginning any fitness activity. The Facilities Card entitles the individual to utilize the following amenities:

- Gym
- Presenters
- Exercise Room
- Walking/Jogging Track
- Scheduled Intramural & Recreational Activities
- Wellness Center Sponsored Educational

## ANC's New App!

The Arkansas Northeastern College Secondary Technical center now has its own app focusing on the needs of its high school students.

ANC Tech is the Official App for the Arkansas Northeastern College Secondary Technical Center. The app was designed specifically with the secondary students in mind.

The secondary center has a different mandate than the college because the customers are high school students. This app was a collaborative effort: James Hartley and Michelle Bennett, with suggestions from the ANC Secondary Center Student Leadership Team.

The app offers:  
Program information  
Photos  
News  
Documents  
Reminders  
Calendar events  
Instructor contact information  
Push notifications  
Inclement weather updates  
And much more...



Available on the  
**App Store**

# ANC Faculty Achieve Academic Rank



Lanice Samford  
Assistant Professor



Dr. Keith Hearnstberger  
Assistant Professor



Dr. Gary Yarbrough  
Associate Professor



James Hartley  
Professor



Dr. Jillian Hartley  
Professor

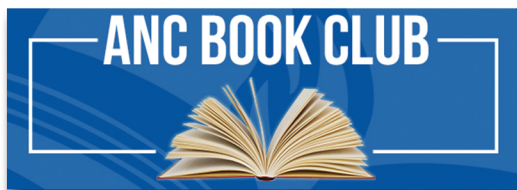
ANC established its first faculty ranking system allowing faculty members to earn the ranks of Assistant Professor, Associate Professor, and Professor based on accomplishments in the areas of student & dean evaluations, institutional & community service, scholarship, student success, and institutional-specific & discipline-specific professional development.

The first faculty members to be awarded rank under the new system were announced at the spring reconvening. Lanice Samford, Dr. Keith Hearnstberger, Dr. Gary Yarbrough, James Hartley, and Dr. Jillian Hartley were all awarded rank.

Congratulations to the awardees!

# Social

## SOCIAL ENGAGEMENTS



Join our ANC Librarian Karen Ellis for intellectual stimulation and lively discussion in the ANC library. Make new friends, share your knowledge, and if you don't have a card— sign up for a library card to take advantage of the excellent reading material available at the ANC Library.

For more information, contact Mrs. Ellis at [kellis@smail.anc.edu](mailto:kellis@smail.anc.edu)



Join the ANC Community Choir and experience an enrichment of your life through music!

For more information, contact Dr. Keith Hearnberger at [khearnberger@smail.anc.edu](mailto:khearnberger@smail.anc.edu)

# January

## CALENDAR OF EVENTS

There are no events currently scheduled.